

We Need You!

**Please continue to support Hospice Huronia
in any way you can**

Call your client to stay connected.

Count your volunteer hours and report.

If your client is struggling recommend calling

211 for support

Telehealth **1 866-797-0000**

Mental Health Crisis Line **1-888-893-8333**

If you need more support let us know, there are
other volunteers willing to call your client.

Think of technology - SKYPE or Facetime if you and
your client have access

Take care of yourself and your family



What to talk about

Continue your usual conversations,
routine is comforting.

Check out www.virtualhospice.ca

Watch a show together virtually and discuss the
characters, plot and story.

Let them talk & just listen- hearing your
voice and knowing you care is enough.

Encourage them to get fresh air safely even if
it's on a balcony or in their own yard.

Drop off a small care package;
a puzzle you don't need, books & magazines,
a few cuttings from your garden, put in pots
for them to care for